

Spring 2016 ESC SLP Webinar Series

– *click on session titles for registration link*

Webinar 1: January 22, 2016 (9 am – 12 noon). 2.5 TSHA CEUs

Title: [Ready, Steady, Go: A Mindfulness Toolbox for SLPs](#)

Presenter: *Susan H. Lederer, PhD/CCC-SLP*

Description: Mindfulness is the powerful moment-to-moment awareness of thoughts, emotions and sensations without judgment or attachment to their story. In this webinar, we will practice various mindfulness activities which can be used to support SLP's readiness to treat, a child's readiness to learn and the co-creation of a successful SLP-student relationship. Evidence-based rationales (e.g. neuroscience and empirical research) will be provided to demonstrate how and why mindfulness practices improve executive functions/self-regulation for everyone

Webinar 2: February 19, 2016 (9 am – 12 noon). 2.5 TSHA CEUs

Title: [Articulation, Resonance and Velopharyngeal Function in the Population With or Without a History of Cleft Palate](#)

Presenter: *Dianne Altuna, M.S/CCC-SLP*

Description: Velopharyngeal dysfunction is found in approximately 15% of the population with a repaired cleft palate, and yet, these are the cases the SLP in the community will see in their practice. This course will review compensatory articulation, velopharyngeal dysfunction, resonance imbalance, and how they may co-exist. SLPs will also be exposed to Velo-Cardio-Facial Syndrome (VCFS)/22q11.2 deletion syndrome, the 2nd most common syndrome to Down's syndrome. The role of the SLP in treating this population will be presented. Participants will also be introduced to other craniofacial syndromes including; Treacher Collins syndrome, Crouzon's syndrome, Apert's syndrome.

Webinar 3: April 15, 2016 (9 am – 12 noon). 2.5 TSHA CEUs

Title: [Writing Appropriate Goals and Objectives That Are Driven By Present Levels of Performance](#)

Presenter: *Marva Mount, M.S/CCC-SLP*

Description: School-based speech-language pathologists are an integral part of the educational process for students with speech and language impairments. SLPs have the knowledge of developmental processes and how to successfully modify difficult content for their students with communication difficulties in order for those students to succeed. This session will focus on a research-based process for determining and writing present levels of academic and functional performance that will successfully drive the goal writing process thus making goals and objectives measurable, concise and educationally relevant for students.

Webinar 4: May 13, 2016 (9 am – 12 noon). 2.5 TSHA CEUs

Title: [Supporting the Executive Functions of Older Adolescents: Fostering Self-Regulation](#)

Presenter: *Mary Kennedy, PhD/CCC-SLP*

Description: Adolescents with executive dysfunction are at risk for failing to transition from high school to college or the community. This webinar will 1) discuss these adolescents' transition needs and, 2) describe how speech-language pathologists can coach these students to self-regulate their own learning, time management and self-advocacy.